



Dr. Temt A.H.A REVIVE Facial Protocol

PRODUCTS NEEDED	SUPPLIES NEEDED
Hydrophilic Oil with Azulene	Gloves
Glycocid A.H.A. Gel Cleanser	Fan brush & bowl
Azulene Toner	4x4 Wipes
Combinal Skin Protection Cream	Cap or Towel for hair
Glycocid Fluid 15% Liquid 25%, Liquid 35%	Cotton Pads
Glycocid Neutralizer	Water bowl
Resolution Sensitive or Hydro Ampoule	Dry Towels
Azulene or Resolution Sensitive Mask.	Small Bowl
Glycocid Soothing Lotion	

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Steps/Protocol	Duration	Description
1. Pre-Cleanse	3 Min.	Apply a small amount of Hydrophilic Oil with Azulene to cotton rounds to remove eye make-up. Or use Purity Clear Micellar Water on cotton round to remove make-up.
2. Cleanse	8 Min.	Apply dime size of Glycocid A.H.A. Gel Cleanser to a pre-moistened face. Cleanse the skin thoroughly in circular motion and remove with 4x4 Aesthetic wipes.
3.Toner	5 Min.	Apply the Azulene Toner to a lint free cotton round and swipe across the face starting at the chin working down and away from the lips, cheeks working midline outward to ear, forehead working from brow to hair line, nose working down the bridge and both sides of the nose. Pat skin dry.
4. Protection Cream	5 Min.	Apply a Pea size amount of the Combinal Protection Cream to the sensitive corners of the nose and mouth. Cover the eyes with cotton rounds moistened with water and Azulene Toner .
5. Glycocid Peeling 15%, 25%, 35%	*Once the customer feels a heat or burning sensation.	Dispense appropriate Glycocid Fluid or Liquid (15%, 25%, 35%) into a small bowl. Apply it with a fan brush quickly and in an even layer over the face, starting on the forehead. Start from the center and brush outward and from the chin up to the cheek bones and over the nose. It Can also be used on the neck and décolleté and even on the hands. Avoid contact with the eyes and mouth. The application should not take any longer than 30 seconds. The peeling takes effect within a few minutes depending on the skin type, sensitivity, and product concentration. Once the customer feels a heat or burning sensation. Spray Glycocid
6. Neutneutralizer	*Once the sensation has stopped.	Neutralizer generously on the treated skin on the skin to stop the chemical reaction. Gently remove residues with a moist sponge or cotton pad. Always dab the skin very carefully.
7. Ampoule	5 Min.	Preform a light Massage using Resolution Sensitive Ampoule or Hydro Complex Ampoule .
8.Mask	8 Min.	Follow with a soothing Dr. Temt Mask. Azulene Mask or Resolution Sensitive Mask . Apply mask and leave on for about 10 minutes.
9. Sooth	4 Min.	Apply Glycocid Soothing Lotion and let it absorb into the skin, then apply Pauli of Vienna Ultra Tint Daily Defense SPF30.

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Before Treatment Care Instructions

Treatment description:

Treatment time: Approx. 50 minutes

For most skin types, except extremely sensitive/ irritated skin.

This facial treatment is an excellent treatment for dull, devitalized, or impure skin, as it helps to accelerate new cell turnover. The combination of multiple forms of A.H.A's and B.H.A gently, removes dead skin cells, reveals fresh new skin with a health glow, while enhancing the skin's natural ability to regenerate. Repetition of this treatment will help to brighten, clear, and even skin tone.

Glycolic Acid Peels should be avoided when:

- The skin is extremely sensitive and gets easily irritable (Neurodermatitis.)
- On skin that is couperose, thin skinned or noticeably veined.
- Skin with tendency toward herpes simplex.
- Avoid if pregnant and during breast feeding.
- Avoid if taking a Vitamin, A supplement.
- Avoid on skin with inflammatory acne.
- Avoid if skin is sun burned.

One Month Prior to the treatment:

- No Laser treatment or fillings should be done.

One week prior to the treatment:

- Don't peel the skin.
- No hair removal/ don't shave or use creams or wax.
- No sun exposure or solarium visits.
- No Vitamin A or antibiotics (also during treatment.)

24 Hours Prior to treatment:

A patch test must be performed on the forearm, or on a small area of skin below the ear at the hair line. Leave the solution on for at least 1 minute before washing it off. Check the test patch after 24 hours, if the skin looks normal the treatment can be done. If irritation or allergic reactions occurs don't use A.H.A peeling.

Attention:

These treatments should only be executed by a licensed esthetician. It is recommended to wear gloves during this treatment.

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After Treatment Care Instructions

Important:

1. The following Glycocid products contain Alpha Hydroxy Acid (A.H.A.) that may increase the skin's sensitivity to the sun and particularly the possibility of sunburn. Therefore, we advise to use sunscreen, wear protective clothing, and limit sun exposure while using these products and for a week after treatment with the **Dr. Temt A.H.A. Revive Facial.**
(Glycocid A.H.A. Gel Cleanser, Glycocid A.H.A. Moisturizing Cream 8%. Glycocid A.H.A. Fluid 10%)
2. Avoid contact with the eyes and mucous membranes. If contact occurs, wash immediately with water.
3. In some cases, normal momentary slight tingling may occur after application of the product. Should this persist, remove the product with lukewarm water.
4. Keep out of reach of children.
5. Not recommended for very sensitive skin, or skin conditions like eczema etc...

Side Effects:

- Some redness and itchiness can occur temporarily after the treatment. Skin can feel tight and dry within the next following 24 hours. Flaky skin can occur but not necessary. This can last for one week.
- You get the best results if you do maintenance treatments periodically, depending on the skin type.
- We recommend a total of at least 6 to 10 treatments (depending on skin type) once every 2-3 weeks.
- Afterwards a maintenance treatment is recommended every 8-12 weeks.
- When starting a first time Glycolic peel on a client who's never had a Glycolic peel done, you must start at the lowest percentage 15%. As the client continues the treatments periodically you may increase to 25% and eventually 35%. By then the client's skin has already become accustomed and built a tolerance to higher percentage

After Care:

- No removal of flaky skin.
- Avoid sun. Apply SPF.
- No products with Retinol, Benzoyl Peroxide, Vitamin A, Antibiotics (also during Treatment.)
- No hair removal (up to 1 week after.)

Recommended Home Care:

- Glycocid A.H.A. Gel Cleanser 10%
- Glycocid A.H.A. Moisturizer 8%
- Glycocid A.H.A. Fluid 10%