



DR. TEMT COLLAGEN MANAGEMENT

PRODUCTS NEEDED	SUPPLIES NEEDED
Hydrophilic oil with Azulene	Head band or Wrap
*Mousse Cleanser, Botanical Gel Cleanser, Purity Clear Foaming Wash, Glycocid 10% Gel Cleanser	Esthetic 4x4 Wipes Cotton Rounds
Instant Peeling, Hawaiian Peel	Steamer
*Azulene Toner, Moisturizing Toner, Micellar Water	Towel Warmer Damp Warm Hand Towels
Collagen Management Ampoule	
Collagen Management Mask	
Hand & Face Cream	*Check State Licensing for treatment options.
Collagen Management Lift Serum	*Check with manufactures of the following for product use.
Collagen Management Cream	Microdermabrasion
Elience Age Defense Eye Cream	Ultrasound, High Frequency, Galvanic
Vienna Eye & Lip balm	Micro Needling

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Steps / Protocol	Duration	Description
1. Warm Towel Compress	3 Min.	Take two warm towels from towel warmer. Wrap the first around the face and butterfly the second towel on the Décolleté. Applying gentle, firm compressions over towels with your hands.
2. Make-up Eye & Face Cleanse, + Pre-Cleanse	8 Min.	Dispense a small amount of Micellar Make-up Remover on dampen cotton rounds. Place over eyes. In a gentle downward stroke, remove eye makeup. Then apply a small amount of Hydrophilic Oil with Azulene to face, neck and décolleté for first cleanse. Cleanse and remove with warm towel.
3. Cleansing	5 Min.	Under Facial Steam apply raspberry size of Dr. Temt Cleanser *Depending on Clients Skin Type. Glycoid 10% Gel Cleanser, Mousse Cleanser, Botanical Gel Cleanser, Purity Clear. Cleanse face, neck, décolleté & remove warm towel.
4. Exfoliate, Extractions, Tone	10-15 Min.	Apply Dr. Temt Instant Peeling or Hawaiian Peel . Remove Peel after 10 Min. with warm towels. Perform Extractions as needed. Apply Azulene Toner or Moisturizing Toner with 4x4. *Optional to preform Microdermabrasion.
5. Face Massage + Skin Essence Ampoule	10-15 Min.	Open a Collagen Management Ampoule apply in small amounts preform facial massage to face, neck and décolleté. *Optional to preform Ultrasound, High Frequency, Galvanic or Needling.
6. Mask	10-15 Min.	Next apply the Collagen Management Mask on top of the Ampoule for 10-15 min. Remove mask with a warm towel.
7. Arm & Hand Massage	7 Min.	Perform Massage on arms and hands using Dr. Temt Hand Cream.
8. Neck Massage	5 Min.	Dr. Temt Face Massage Cream. After neck massage remove Mask and Massage Cream with warm towels.
9. Serum	2 Min.	Apply a pea size amount of the Collagen Management Serum over the moist skin, to the face, neck, and Décolleté.
10. Eye Care	2 Min.	Last Steps applying Elience Age Defense Eye Cream under the eye area.
11. Moisturize Care	2 Min.	Apply a pea size amount of the Collagen Management Cream to the face, neck, and Décolleté
12. Finish Product	2 Min.	Apply the Vienna Eye and Lip Balm to the lips with disposable applicator.

ALWAYS CHECK YOUR STATE REGULATIONS TO ENSURE THAT YOU ARE PRACTICING WITHIN THE SCOPE OF YOUR LICENSE. Please note that ingredients may change without any notice. All information, statements without guarantee for errors.

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