



Dr. TEMT Advanced Oily- Combination | Impure-Acne Prone Skin

Products Needed	Supplies Needed
1. Cleanse #1: Hydrophilic Oil with Azulene	1. Esthetic 4x4
2. Cleanse #2: Purity Clear Foaming Wash	2. Cotton Rounds
3. Ampoule #1: Special Skin Extract Oil Ampoule 5 ml.	3. Steamer
4. Toner: Purity Micellar Water	4. Headband/ Wrap
5. Ampoule #2: Purity Clear Ampoule 5ml.	5. Damp Hand Towels x6
6. Peel& Mask: Hawaiian Peel, Purity Clear Mask, Zone or Spot Treat, Squalene Mask	6. Towel Warmer
7. Serum: Ultra C Concentrate, Purity Clear Pore Lotion	7. Facial Tissue
8. Moisturize: Hydro Complex 24 Hour Soft Cream, or Purity Clear Restoring Cream	
9. Eye Care: Elience Eye Cream	
10. Lip Care: Vienna Eye and Lip Balm	
11. Dr. Temt Hand Cream	
12. Dr. Temt Face Massage Cream	

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Steps/Protocol	Duration	Description
1. Warm Towel Compress <i>*Start Steamer</i>	3 Min.	Take two warm towels from towel warmer. Wrap the first around the face and butterfly the second towel on the Décolleté. Applying gentle, firm compressions over towels with your hands. Remove towels
2. Eye and Face Makeup Cleanse	2 Min.	Dispense a small amount of Micellar Water Make-up Remover on dampen cotton rounds. Place over eyes. In a gentle downward stroke, removing eye makeup.
3. Pre-Cleanse	3 Min.	On towel damp skin apply a small amount of Hydrophilic Oil with Azulene to face, neck and décolleté for the first cleanse. Use Cleansing Massage Technique with Oil Cleanser. Next, with moist fingertips massage Oil Cleanser into skin until it emulsifies. Use cleansing massage technique and finish cleansing the skin. Remove Oil Cleanser with 4x4 Aesthetic wipes.
4. Cleanse	5 Min.	Under Facial Steam apply blueberry size of Purity Clear Foaming Wash . Perform Cleansing Massage Technique Routine with the Gel Cleanser. Next, remove Gel Cleanser with warm towel or 4x4 Aesthetic wipes.
5. Ampoule #1 	5 Min.	Under Facial Steam apply Special Skin Extract Ampoule Break Ampoule and pour into a small bowl apply the Essences of the Ampoule with a Fan Brush to face, neck and décolleté. Remove the Essence with a warm damp towel. Next Perform Extractions.
6. Toner	2 Min.	Tone skin after Extractions. Apply the Purity Clear Micellar Water with cotton rounds, to the face, neck, and Décolleté.
7. Ampoule #2, 	15.Min.	Under Facial Steam apply Purity Clear Ampoule , Open Ampoule and pour into a small bowl apply the Essences of the Ampoule with a Fan Brush to face, neck and décolleté. Next apply a Cherry size amount of the Hawaiian Peel in a small mask bowl, then add a Cherry size amount of the Purity Clear Mask blend the Peel and Mask together with a Fan Brush and apply to the face, neck, and Décolleté.
8. Exfoliate Treatment with Mask		*Optional Apply the Squalene Mask as a Spot treatment to impure prone spots or to the T-Zone to help draw out impurities and help minimize large pores. Take two warm towels from towel warmer. Wrap the first around the face and butterfly the second towel on the Décolleté. Applying gentle, firm compressions over towels with your hands. Remove Masks with warm damp towels.
9. Arm & Hand Massage	4 Min.	Perform Massage on arms and hands using Dr. Temt Hand Cream .
10 Neck Massage	5 Min.	Dr. Temt Face Massage Cream . After neck massage remove Mask and Massage Cream with warm towels.

11. Serum	2 Min.	Apply a pea size amount of the Ultra C Concentrate Serum, or Purity Clear Pore Lotion Pro Tip: you can Layer the two Serums over the moist skin, to the face, neck, and Décolleté.
12. Finish Products	3 Min.	Finish by applying Elience Age Defense Eye Cream under the eye area. Apply a pea size amount of the Hydro Complex 24-Hour Soft Cream or Purity Clear Restoring Cream to the face, neck, and Décolleté. Apply the Vienna Eye and lip Balm to the lips with disposable applicator.